

GET THE FACTS:

The Abortion Pill & Telehealth

A report from the National Academies of Sciences, Engineering and Medicine affirms that medication abortion - often called "the abortion pill" - can be administered via telehealth.








Did You Know?

Experts say medication abortion does not require the physical presence of a clinician and that administering medication abortion via telehealth is equally as safe as in-person care.

What Is Telehealth?

Telehealth, also known as telemedicine, is a common practice that allows a patient to access care without being in the physical presence of a clinician. Medication abortion provided via telehealth removes barriers to abortion care, giving patients in remote communities access to abortion services without having to travel long distances and expanding health center capacity.

Why Use Telehealth?

-  **Effective**
When distributed via telehealth, medication abortion is just as effective as in person distribution.
-  **Efficient**
Requires minimal special equipment and no sophisticated office setting.
-  **Convenient**
Patients can access abortion care without traveling long distances or taking time off from work.
-  **Safe**
A study found that medication abortion via telehealth has a 99 percent safety rate. Whether it's administered with a clinician present or without, it is as safe as common over-the-counter medications, such as Advil and Aleve.
-  **Patient-Centered**
Medication abortion delivered via telehealth empowers patients to make the decisions about the abortion care experience that is right for them.

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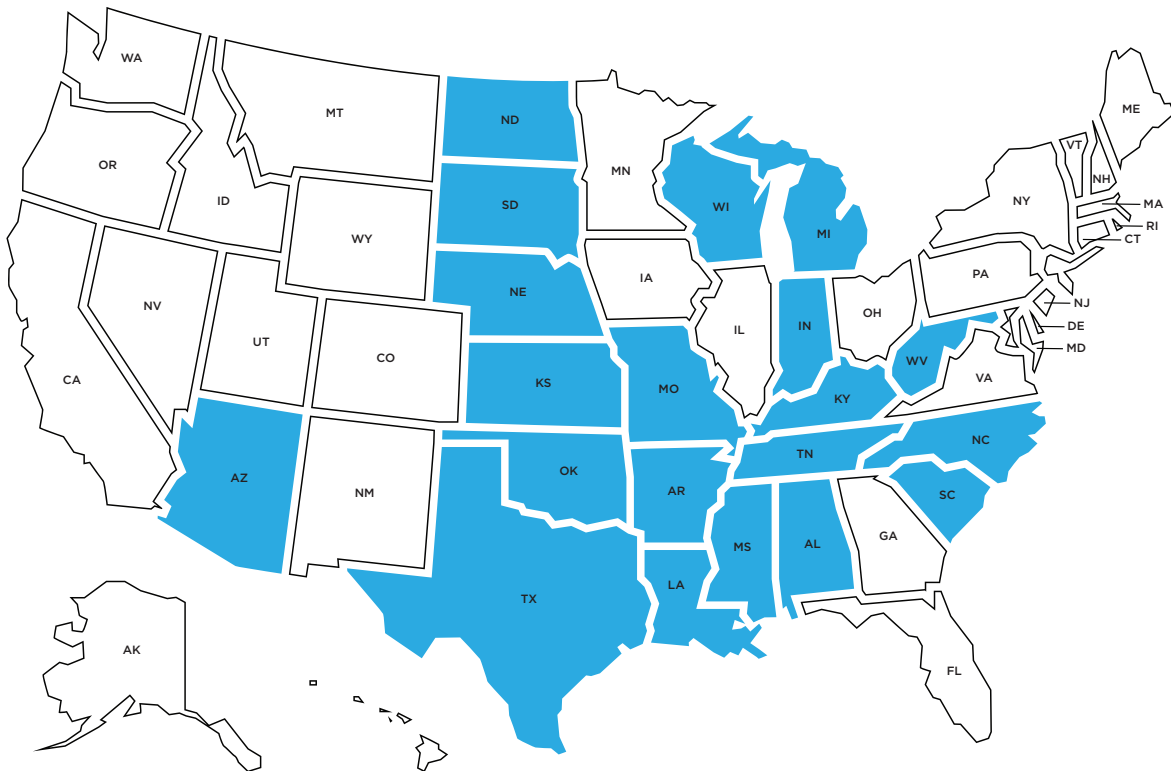
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Overregulation Limits the Use of Telehealth

Contrary to the medical consensus that medication abortion does not require the physical presence of a clinician or to be administered in hospital-like facilities, states have enacted medically unnecessary laws that limit access to telehealth.

20 States Ban Medication Abortion via Telehealth



States highlighted in blue ban medication abortion via telehealth.

The Bottom Line: Medication abortion through telehealth is a safe and effective way to access care.

To learn more about the report, visit AbortionIsSafe.com